



"Giving you the advantage"

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FIRST AID FOR APPOINTED PERSONS, ONE DAY COURSE (Health and Safety Executive Approved)

This course is for those persons requiring First Aid skills and will qualify them to act as a First Aider in the absence of a holder of a full First Aid at Work Certificate.

Course contents include:

- Primary assessment of casualty
- Secondary assessment of casualty for life threatening injuries
- Recovery position
- Head injuries
- Cardio Pulmonary Resuscitation (CPR)
- Causes and treatment of unconsciousness
- Wounds & bleeding
- Sprains & fractures
- Burns & scalds

For further information regarding costs, location and duration please contact the office on 01623 499200.